

New Braunfels Regional Rehabilitation Hospital

New Braunfels, TX



Adam Bernardo
Mechanical Option



PROJECT INTRODUCTION

DEPTH STUDIES

BREADTH STUDY

OVERALL EVALUATION

CONCLUSION / QUESTIONS





PROJECT INTRODUCTION

MECHANICAL DEPTH STUDIES

STRUCTURAL BREADTH

OVERALL EVALUATION

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FACILITY DESCRIPTION

MECHANICAL SYSTEM OVERVIEW

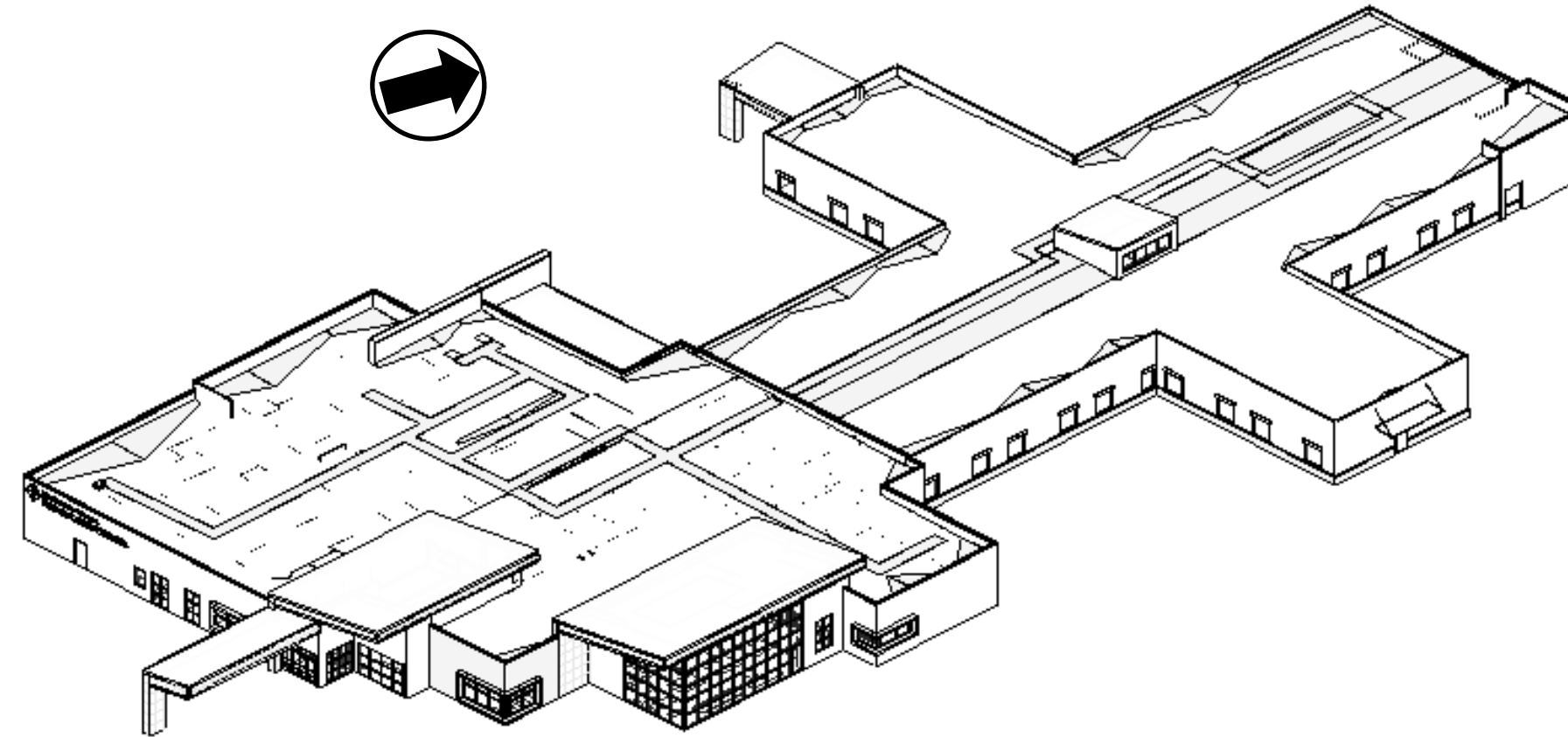
THESIS GOALS

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Function: acute-care rehabilitation hospital

Location: New Braunfels, TX

~30 miles NE of San Antonio

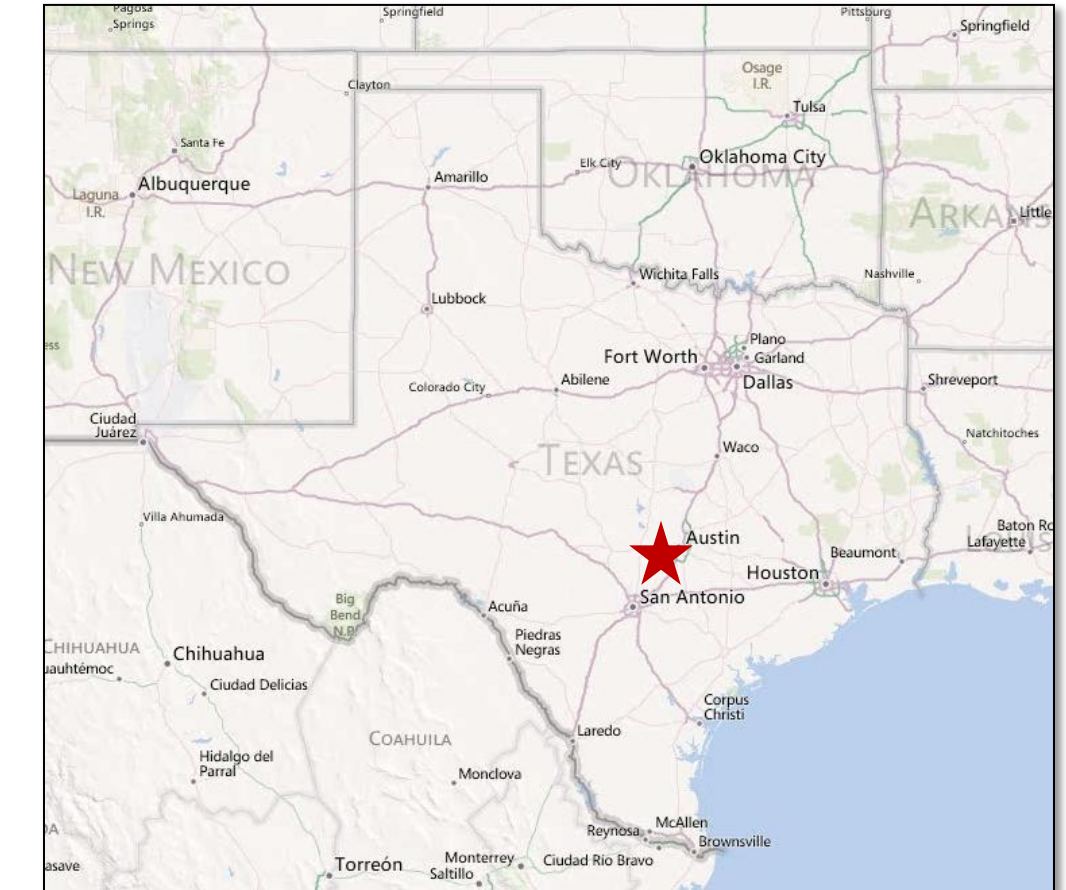


Image courtesy of Bing maps

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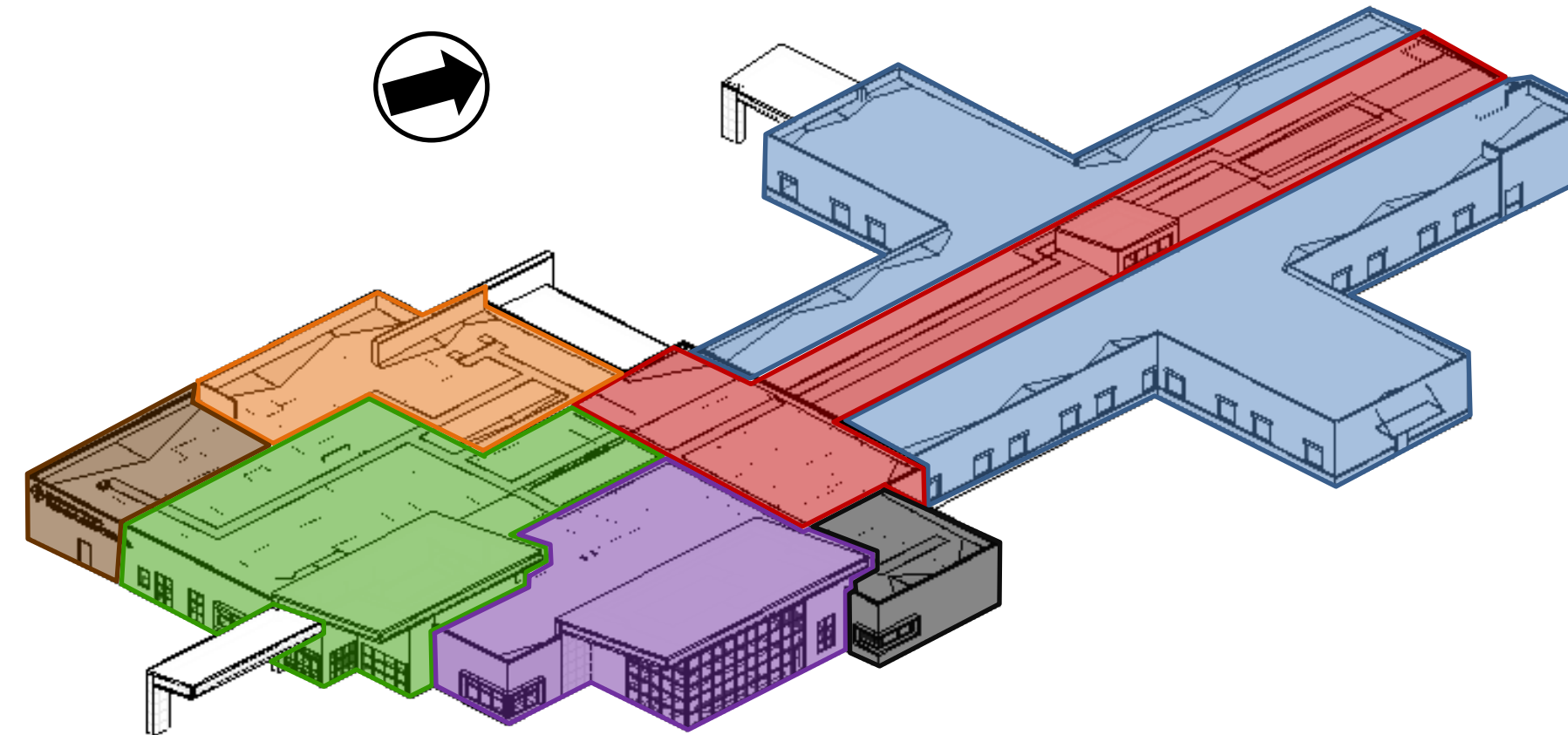
THESIS GOALS

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Function: acute-care rehabilitation hospital

Location: New Braunfels, TX

~30 miles NE of San Antonio

Spaces:

- 40 Patient Rooms
- Exam and Light Procedure Rooms
- Physical Therapy Gym
- Therapy Pool
- Kitchen and Dining
- Office and Administration
- Service Rooms



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Three rooftop air-handling units

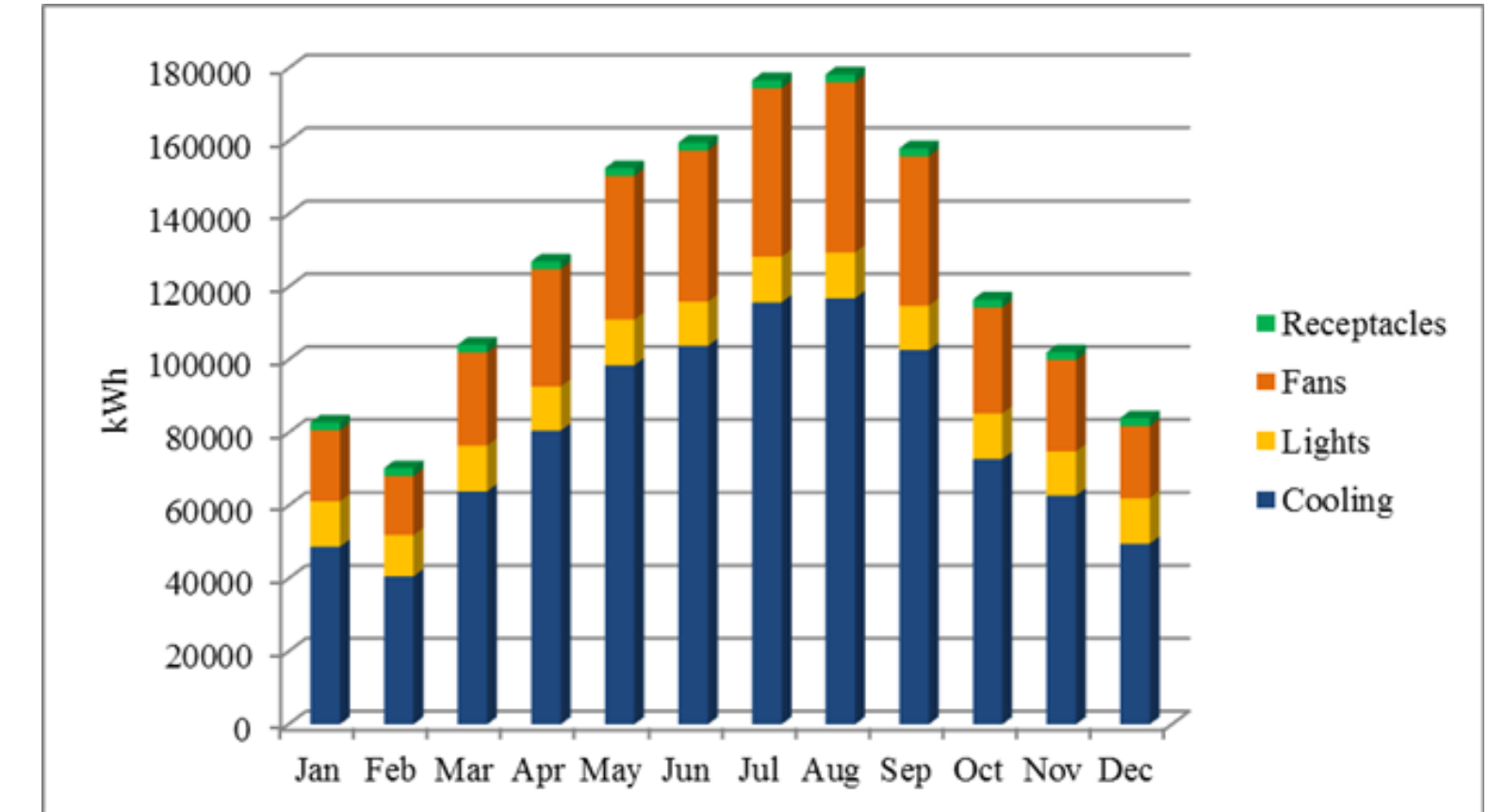
- Air-cooled, DX cooling
- Gas-fired pre-heat
- 55,500 CFM Total

VAV terminal units with reheat

- Zone-level reheat coils
 - Heating hot water supplied by gas-fired boilers
- Fully ducted return system

MAU and PAC Unit

- 100% OA makeup air unit serves kitchen and dining
- PAC Unit controls therapy pool temperature/humidity



Monthly Electrical Energy Consumption



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Investigate systems that could:

Reduce energy use and operating costs

Improve occupant temperature control

Pay back in ~5 years

Have academic benefit





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Depth Study 1: Central Plant Investigation

- High Efficiency Condensing Boilers
- Chilled Water Plant: Air-Cooled vs. Water-Cooled
- Hypothesis: Will not be cost-effective

Depth Study 2: Variable Refrigerant Flow System

- Heat recovery operation: Reduce annual energy use
- Improve zone-level temperature control
- Academic benefit: Learn the principles of system operation

Depth Study 3: Solar Thermal System

- Reduce domestic hot water and space heating load
- Utilize the hot Texas climate
- Take advantage of fairly constant domestic hot water demand
- Academic benefit: Learn the principles of system operation

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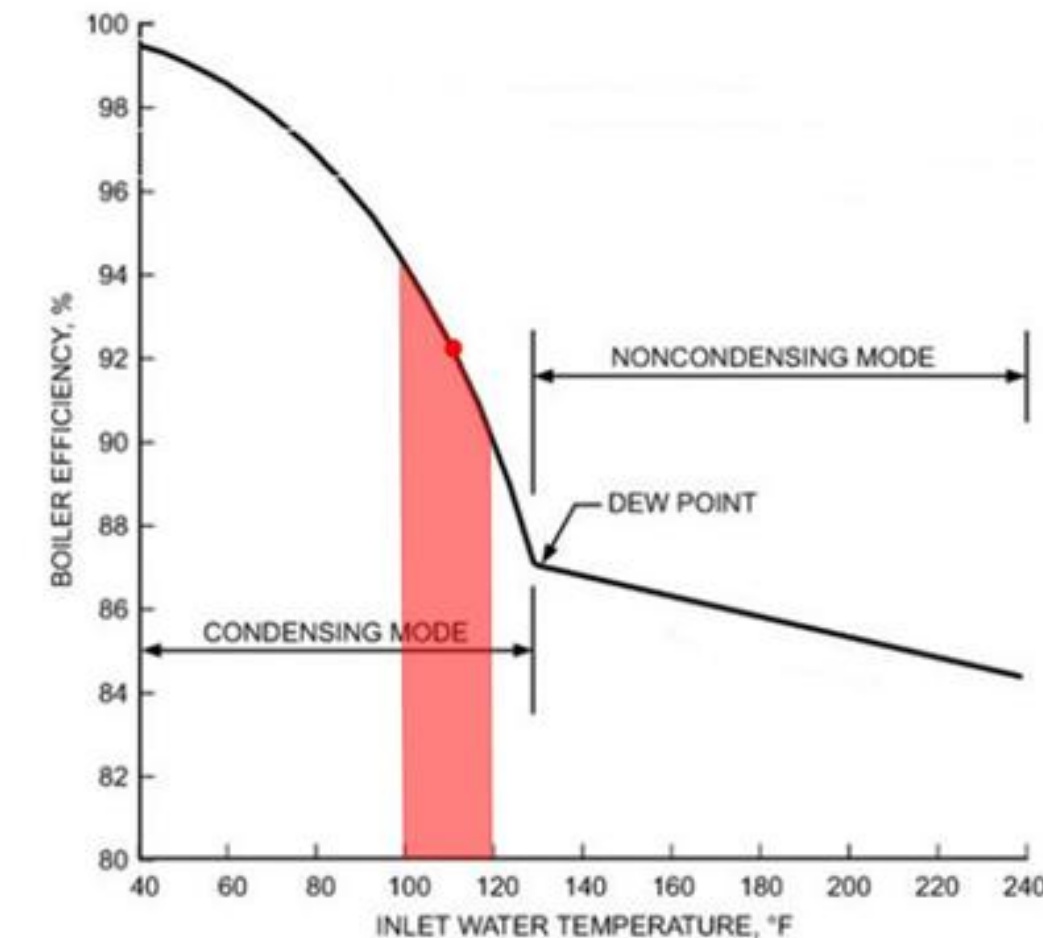
STRUCTURAL BREADTH

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Condensing Boilers:

- Condense the water vapor produced by combustion to recover latent heat
- Increase overall boiler efficiency
- Ideal with low return water temperatures
 - Varies with load – average range used for model





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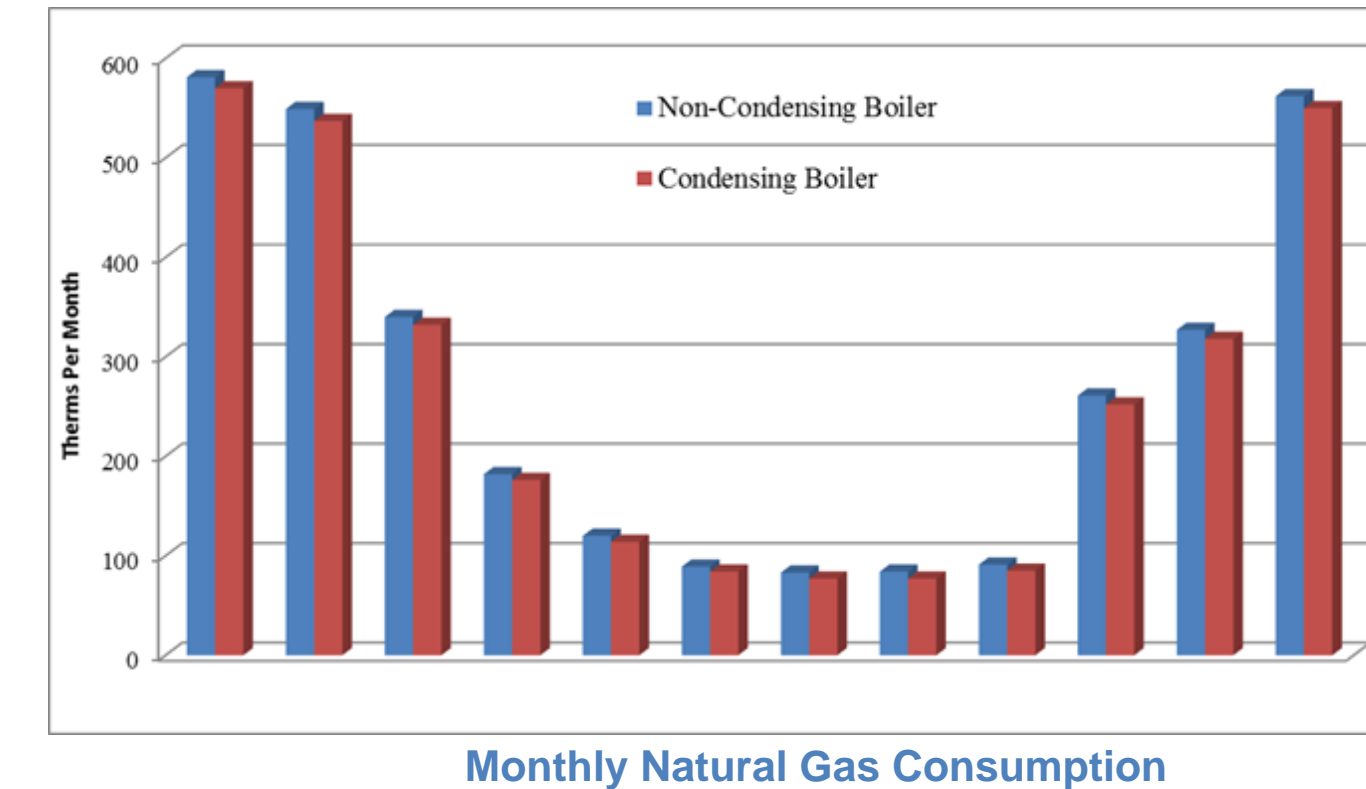
STRUCTURAL BREADTH

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Condensing Boilers:

- Condense the water vapor produced by combustion to recover latent heat
- Increase overall boiler efficiency
- Ideal with low return water temperatures
 - Varies with load – average range used for model
- Decrease in natural gas consumption not significant
- 97-year simple payback



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Chilled Water System Design:

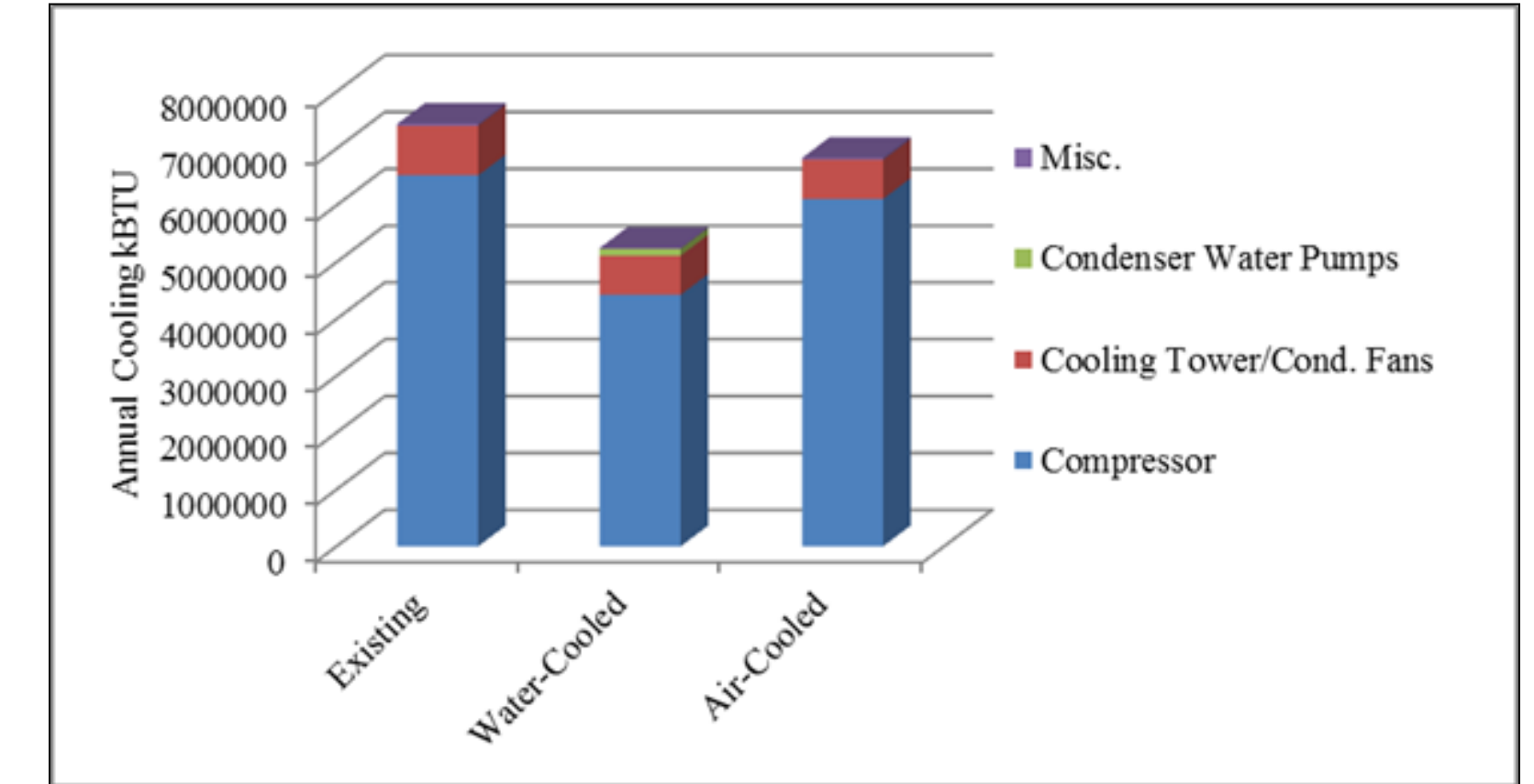
- Two 90-ton chillers arranged in parallel
- Primary-secondary chilled water pumping configuration

Air-Cooled:

- Chillers placed outside – no mechanical room space requirement
- Less significant first cost increase and energy savings

Water-Cooled:

- 200-ton cooling tower with associated condenser water loop
- Increased equipment cost, increased energy savings



Equipment Energy Use

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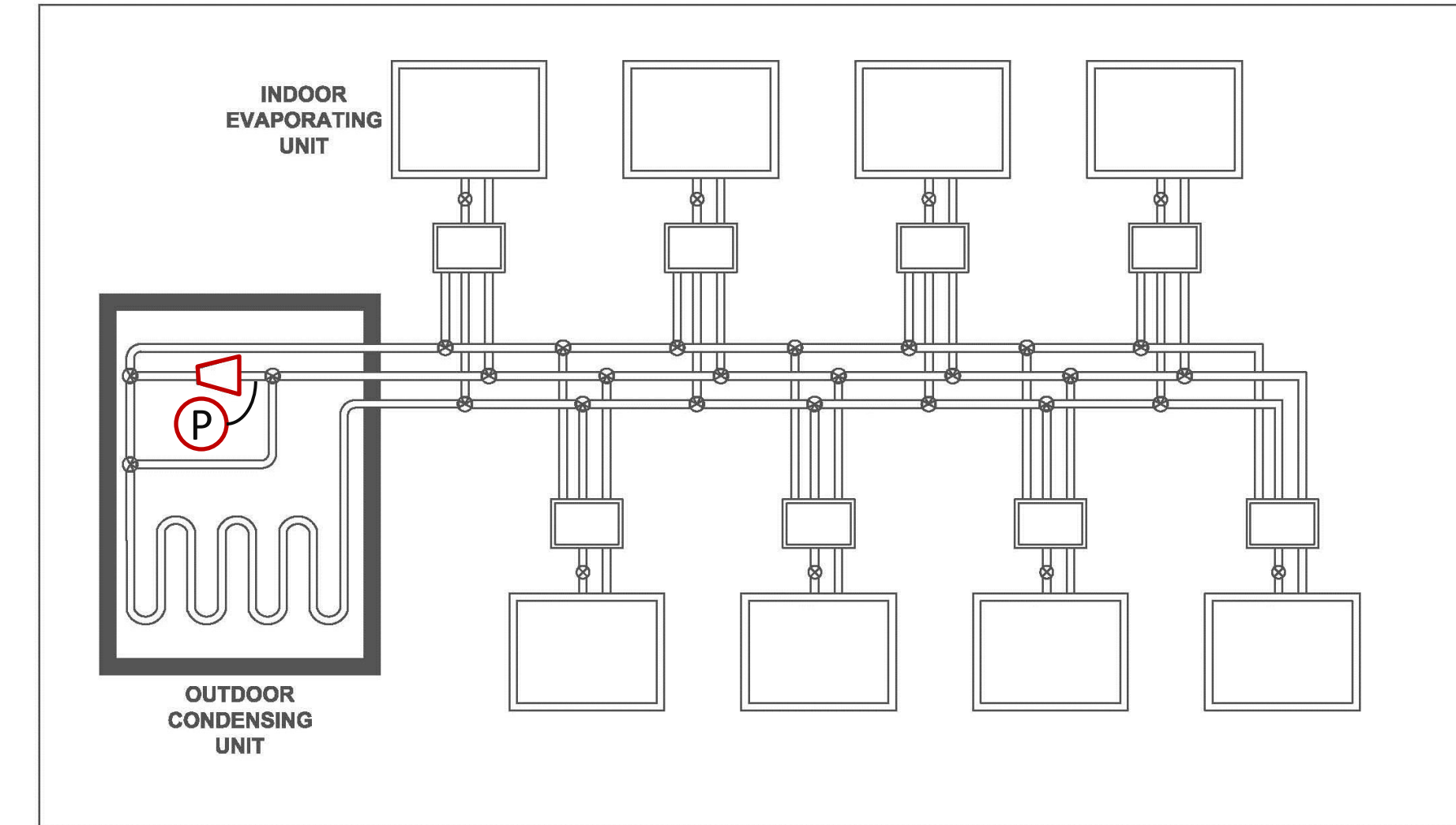
STRUCTURAL BREADTH

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System Operation:

- Several indoor evaporating units connected to one outdoor condensing unit
- Refrigerant flow modulated by inverter-driven scroll compressor
 - Flow rate controlled by low pressure sensor at suction side of compressor
 - Goal: control evaporation temperature to match load on each evaporator



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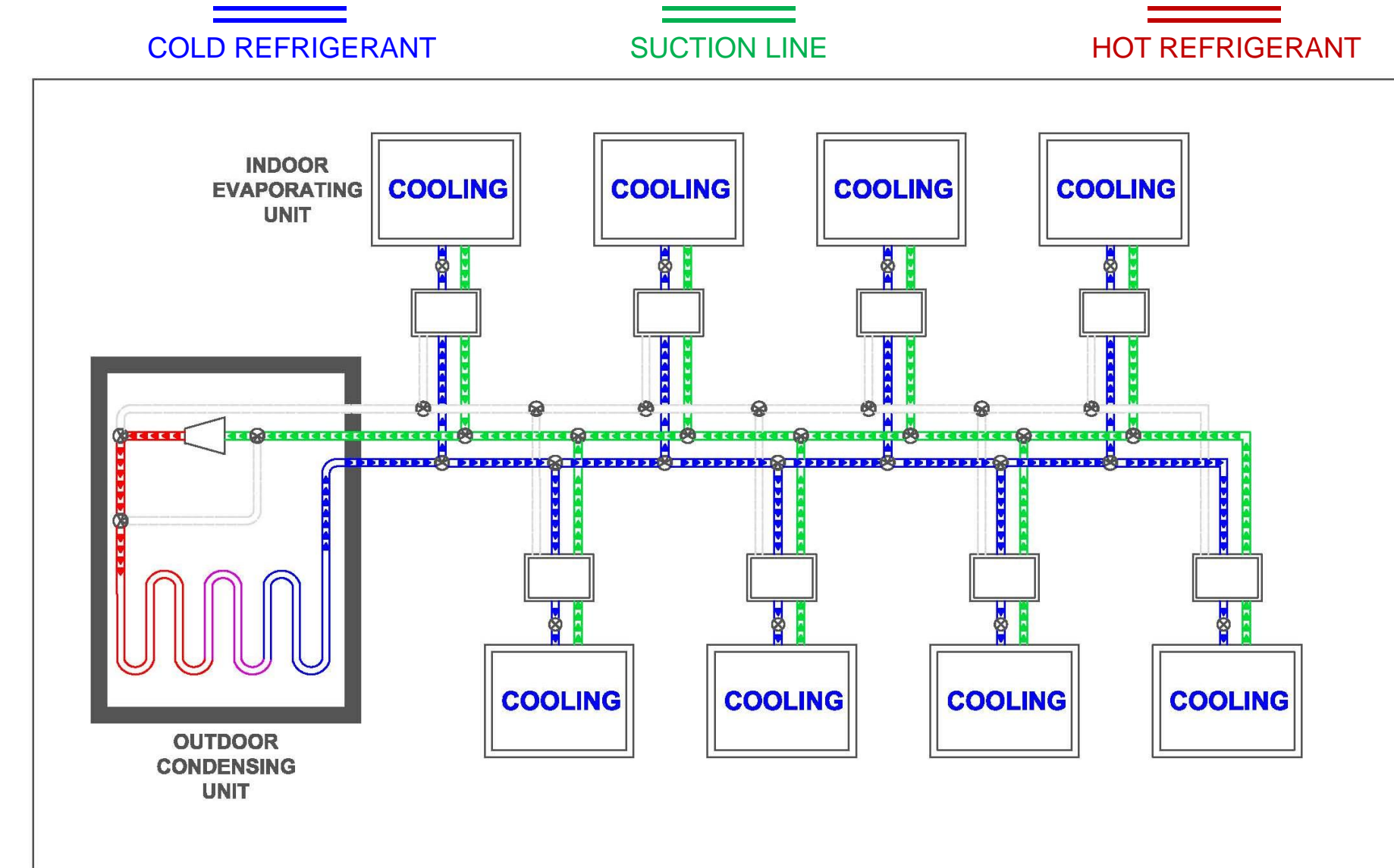
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 - 3-pipe system for simultaneous heating and cooling



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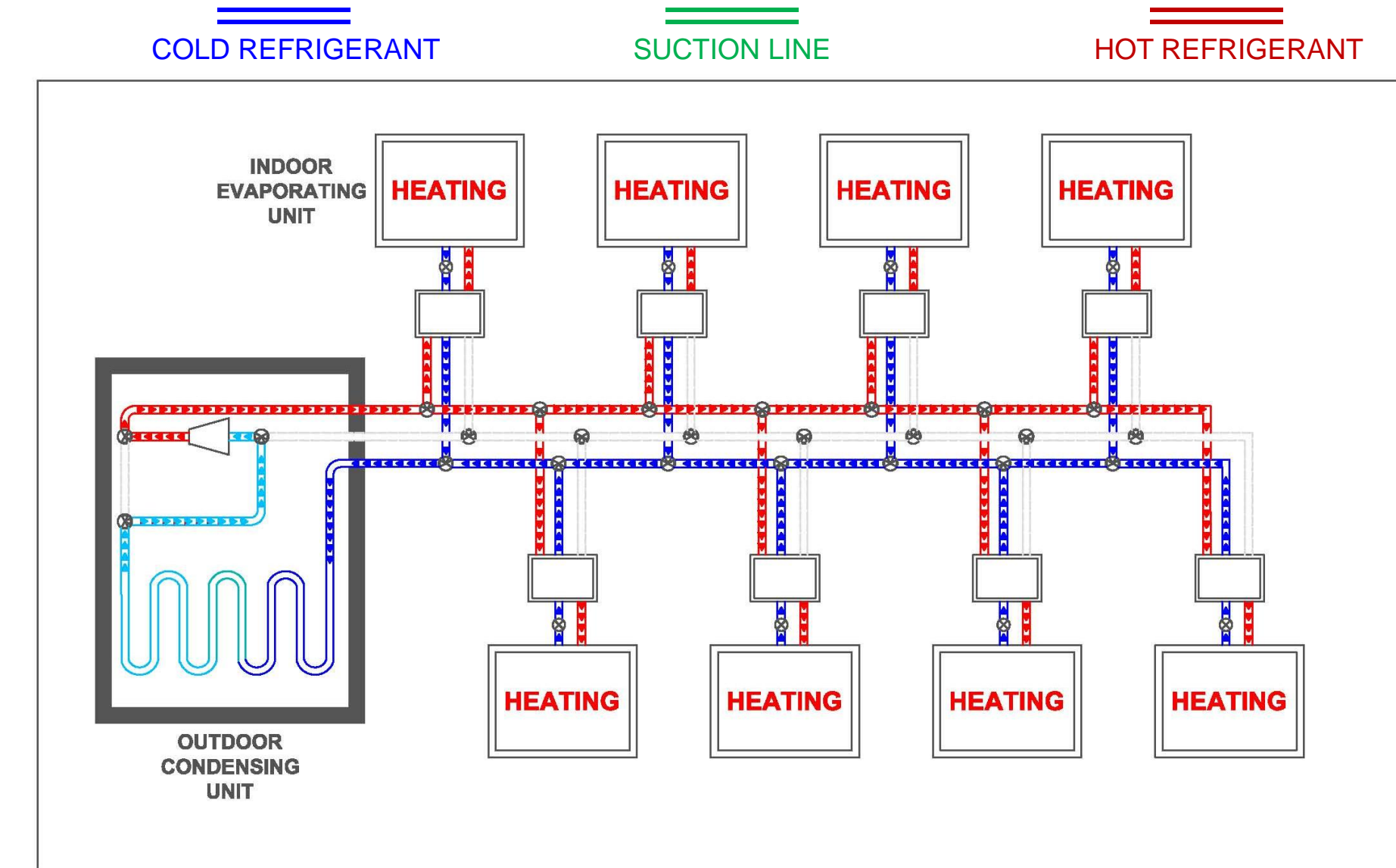
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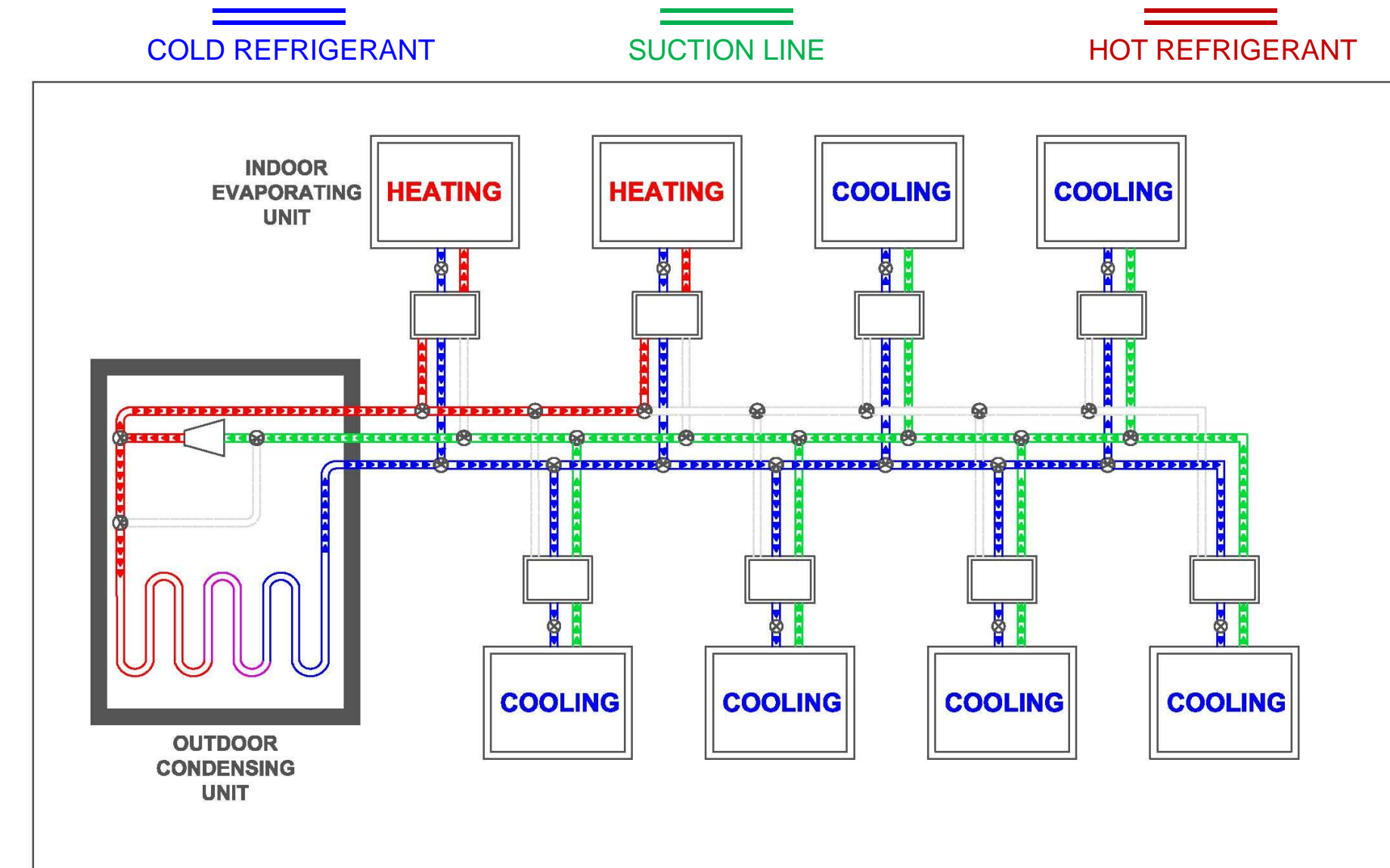
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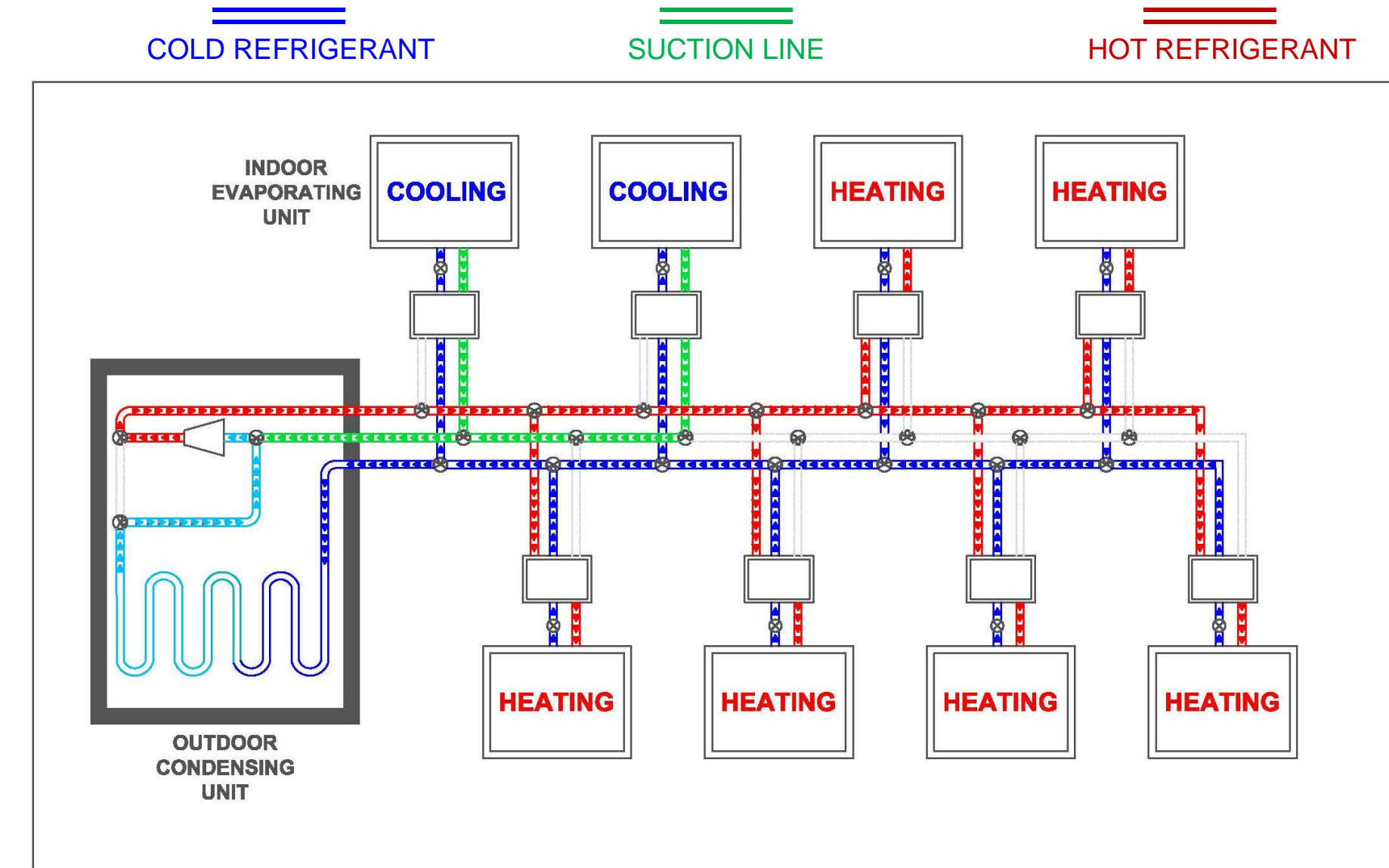
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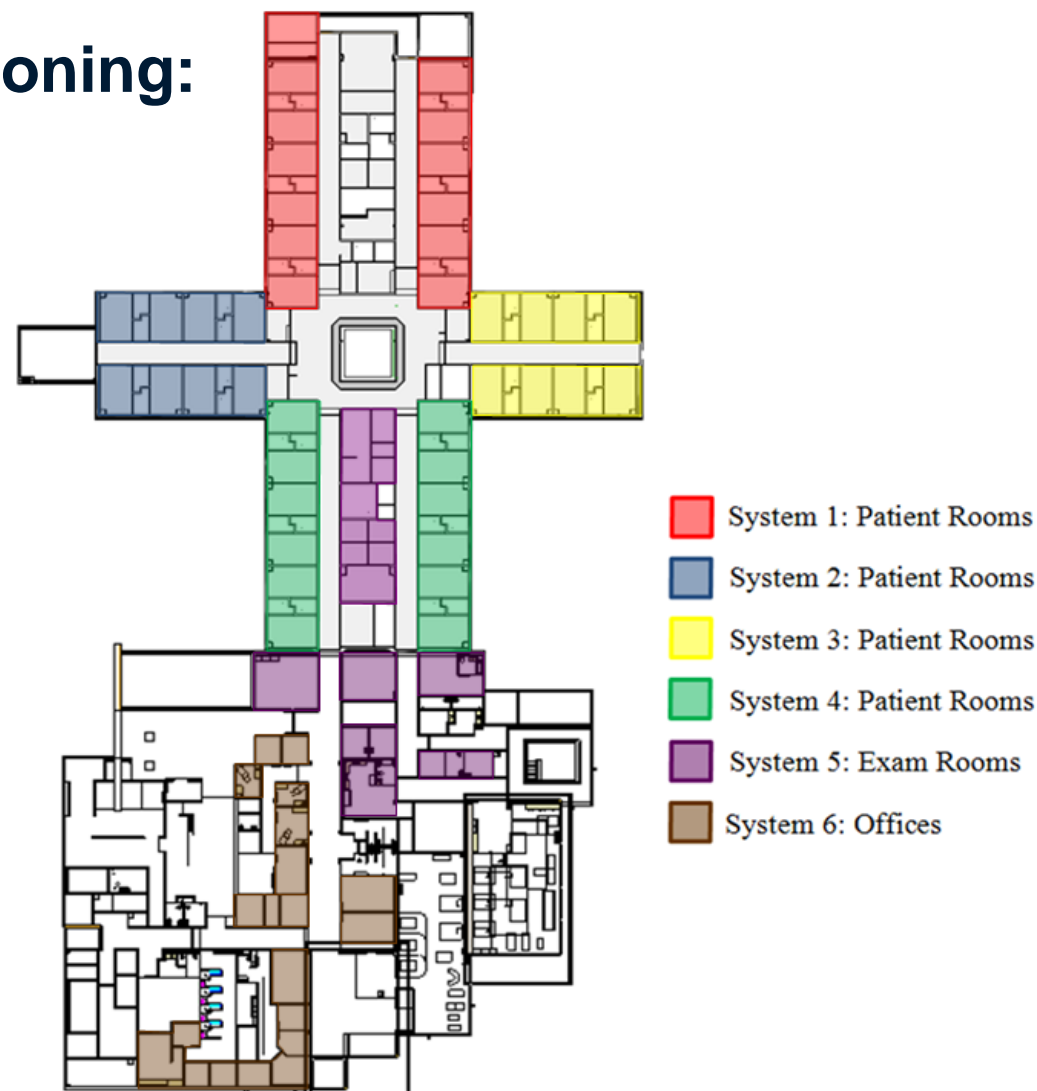
SOLAR THERMAL SYSTEM

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System Zoning:



• **System Designed: six condensing units:**

System	Existing System Zone		VRF System	
	Cooling (Ton)	Heating (MBh)	Cooling (Ton)	Heating (MBh)
VRF-1	11.6	28.6	10.8	54.0
VRF-2	7.1	17.1	6.7	35.1
VRF-3	7.2	17.1	6.8	35.1
VRF-4	11.0	27.3	10.3	51.1
VRF-5	8.1	13.5	7.5	33.0
VRF-6	8.4	20.9	7.9	30.0

• **All indoor units ducted – connected to a 100% outside air unit for ventilation**

• **RTU-1 can be removed, remaining zones served by existing RTUs 2 & 3**

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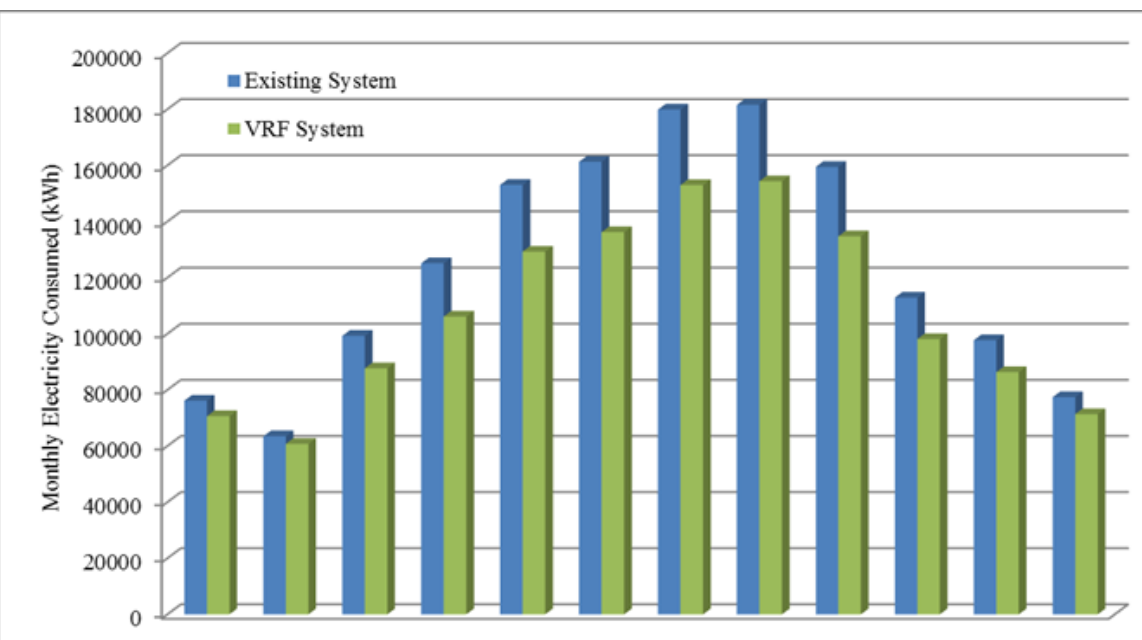
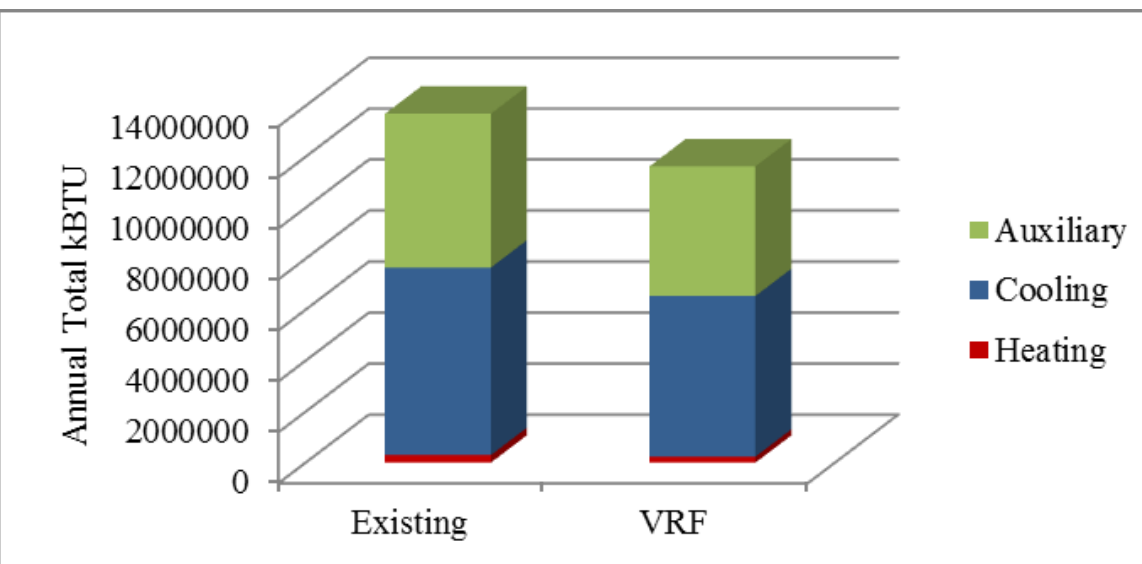
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- All indoor units ducted – connected to a 100% outside air unit for ventilation
- RTU-1 can be removed, remaining zones served by existing RTUs 2 & 3
- Significant energy savings from cooling and fan energy reduction
- System most efficient in summer months – not attributed to heat recovery



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• **System Added First Cost: \$57,442**

- + Indoor & Outdoor Units (\$53,680)
- + VRF Piping & Distribution (\$76,580)
- + Outdoor Air Unit (\$23,725)
- + Refrigerant & Controls (\$6,600)
- - RTU-1 Eliminated (-\$86,502)
 - - Roof Framing Cost (-\$2,900)

• **Yearly Savings: \$9,906**

• **Simple Payback Period: 5.8 years**

• **20-year life-cycle cost: \$1,104,911**

(existing system: \$1,171,718)*

*Does Not Include Domestic Hot Water Energy Use

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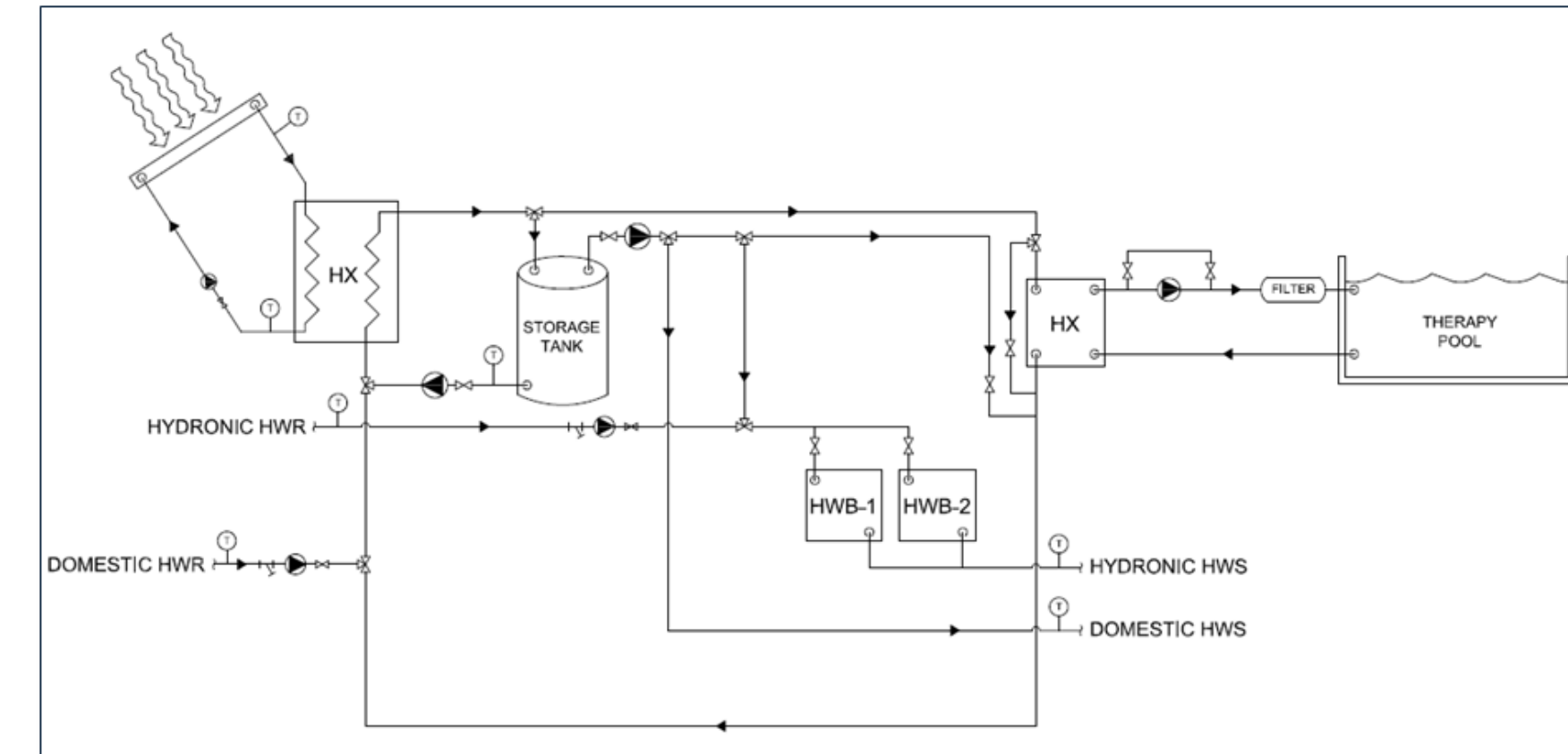
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System Operation:

- Flat-plate, forced circulation solar collection system
 - Glycol-water mixture used in collection loop for freeze protection
- Thermal storage in hot water storage tank
 - Has indirect heater: replaces existing hot water heaters
- Primary Functions: Heat domestic hot water & Therapy pool heating
 - Loads calculated through methods in ASHRAE Handbooks
- Secondary Function: Space heating
 - Loads from Trace Energy Model



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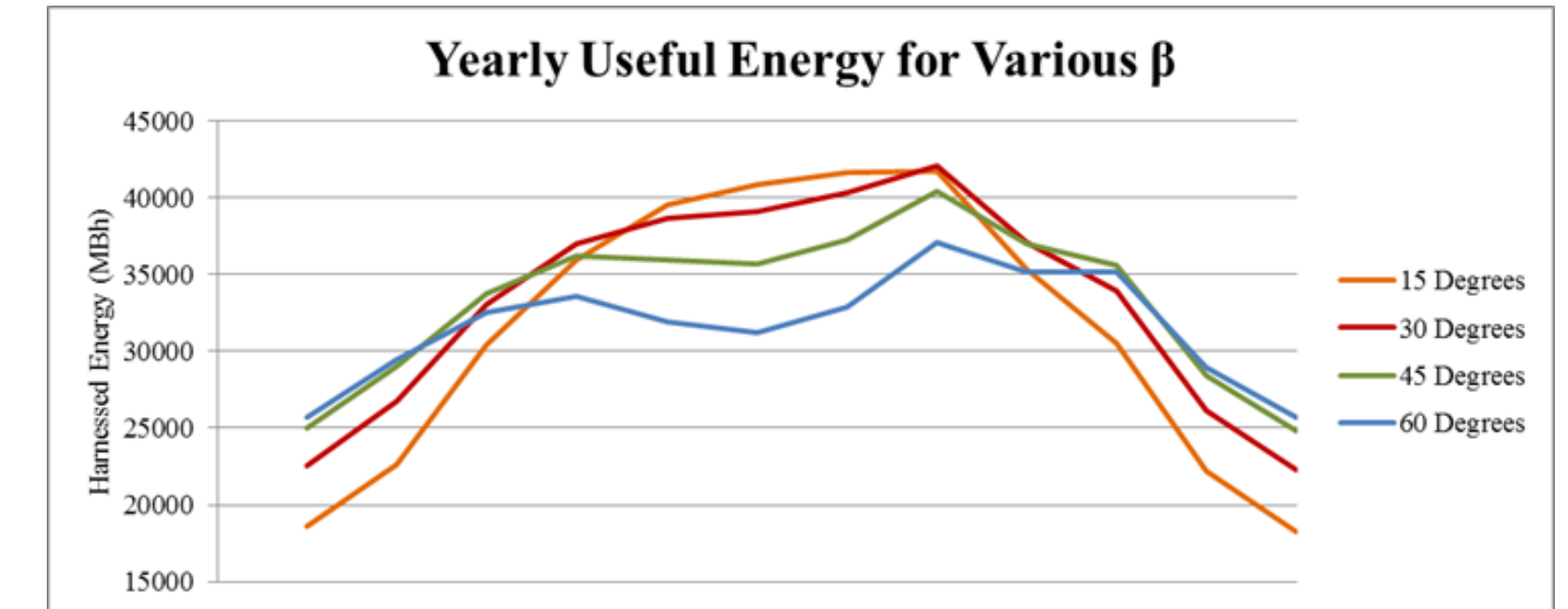
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Solar Gain Calculation

Based on:

- Latitude ($\Phi = 29.69^\circ\text{N}$)
- Zenith Angle (θ_z)
- Hour Angle (ω) } Hourly dependent
- Solar Declination(δ) – Date dependent
- Collector Tilt (β) - optimized at $\beta = 37.2^\circ \rightarrow 40^\circ$ was used
- Surface Azimuth (γ) - optimized at $\beta = 37.5^\circ\text{W} \rightarrow 33^\circ\text{W}$ was used
- Collector Characteristics
- System Operation Characteristics



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Image courtesy of Bing maps



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Collector Arrangement

- Area: (3) 130 ft² collectors → 390 ft² total

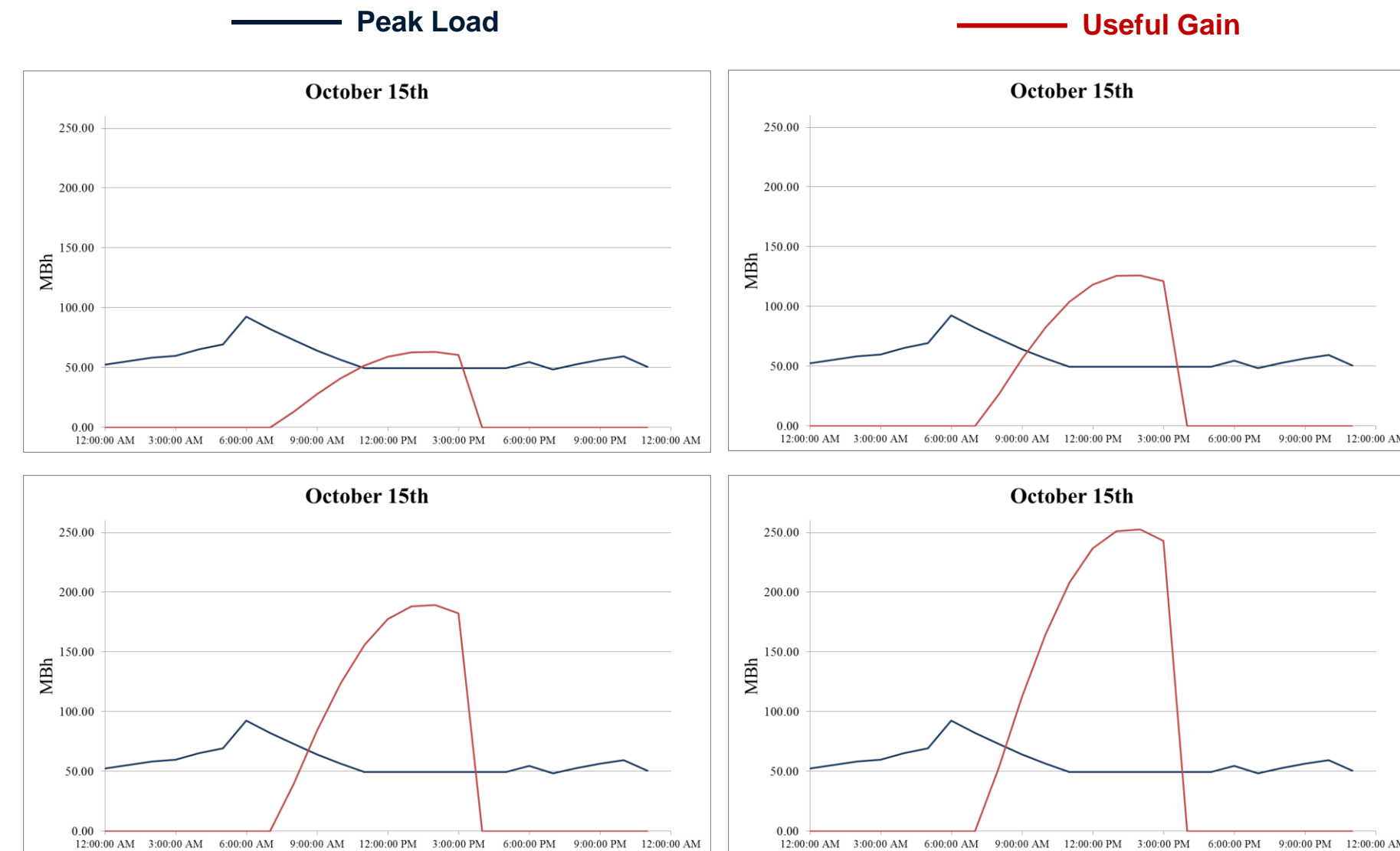
Goal: maximize total solar fraction:

$$\frac{\text{Load met by solar system}}{\text{Total load}}$$

without overheating or throwing away energy



Thermal Storage



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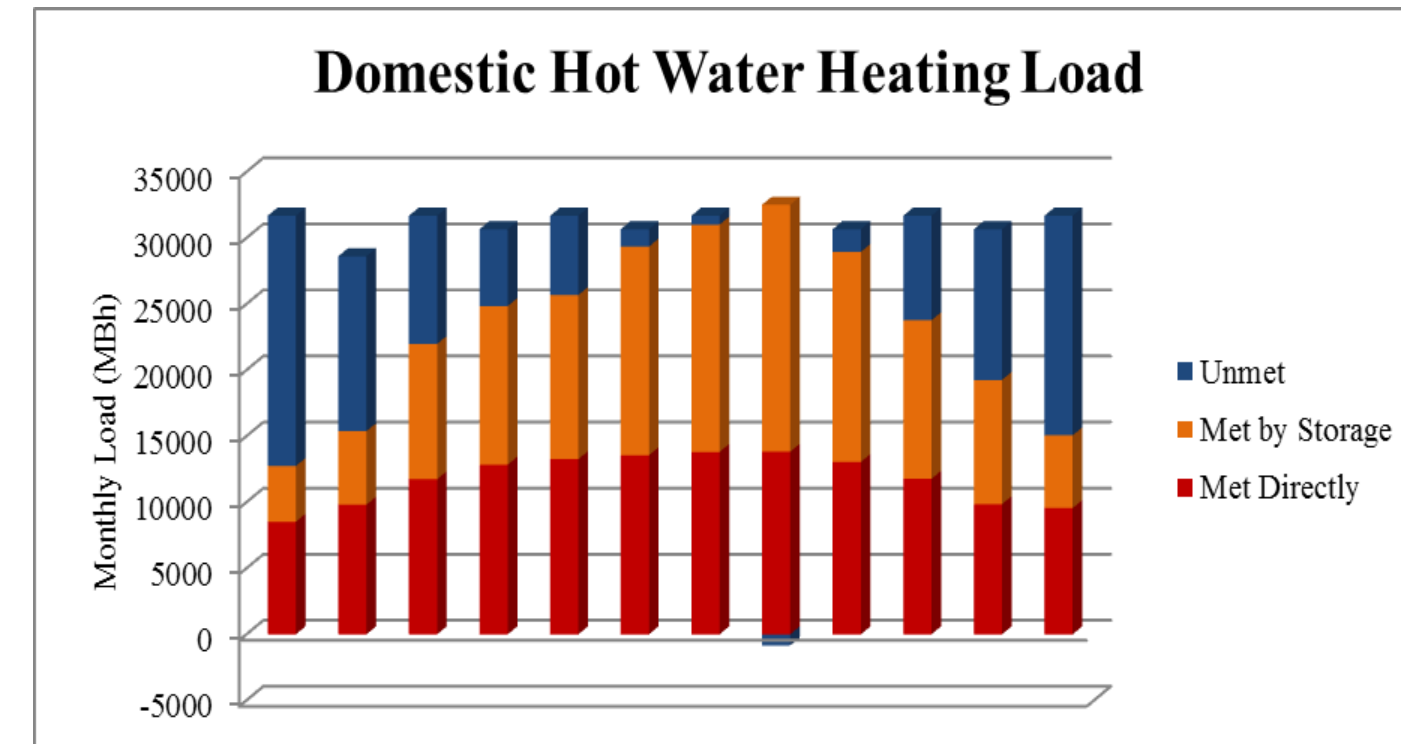
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Load Met Directly:

- **38%** of annual domestic hot water heating load met directly
- **8%** of space heating load met directly



Thermal storage in a 400 gallon stratified hot water tank:

- **38%** of DHW load through storage
- 76% total**



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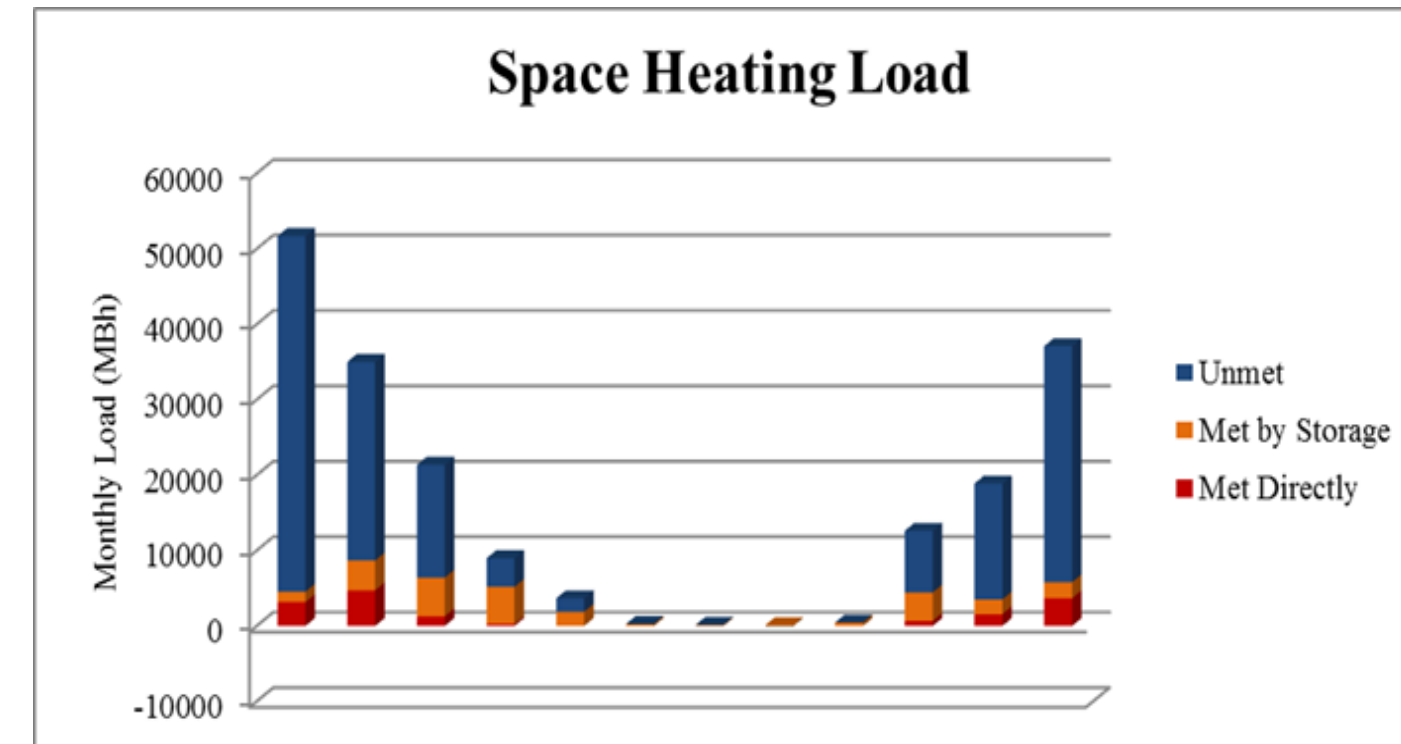
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Load Met Directly:

- **38%** of annual domestic hot water heating load met directly
- **8%** of space heating load met directly



Thermal storage in a 400 gallon stratified hot water tank:

- **38%** of DHW load through storage
76% total
- **14%** of space heating through storage
22% total





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- **System Added First Cost: \$61,906**

- + Collectors (\$26,758)
- + Storage Tank (\$4,670)
- + Heat Exchangers (\$8,403)
- + Piping & Distribution Equipment (\$1,555)
- + Controls (\$10,520)

- **Yearly Savings: \$30,814**

- **Simple Payback Period: 2.06 years**

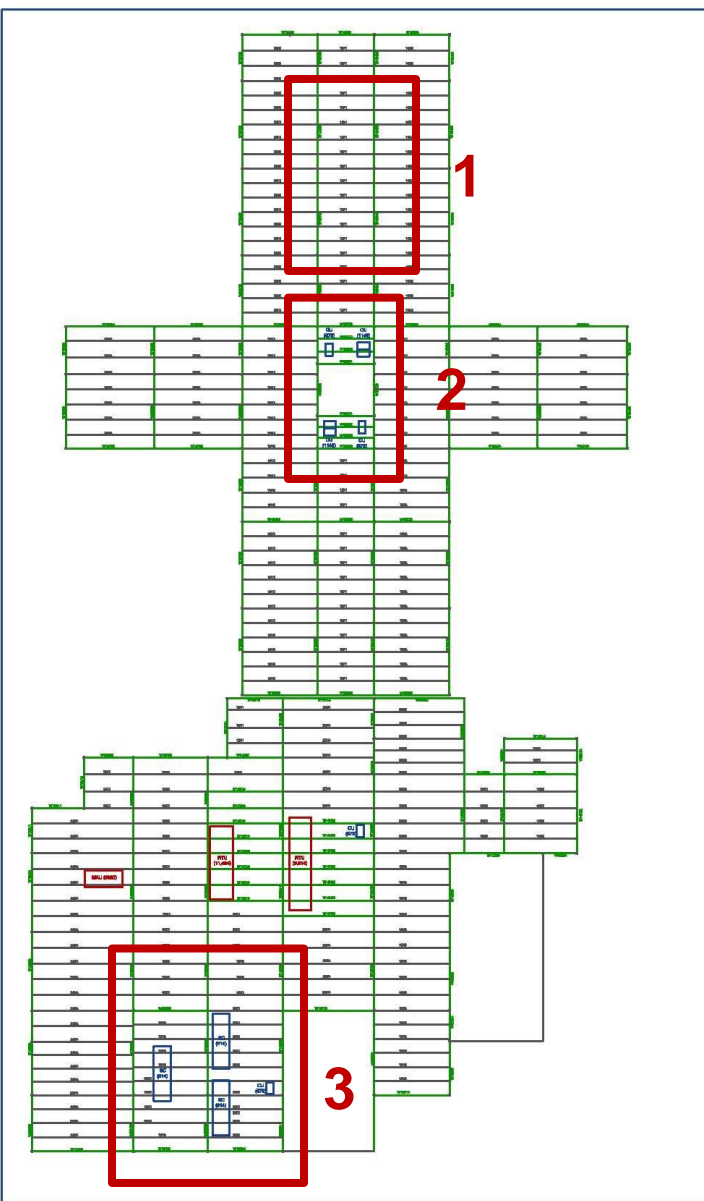
- **20-year life-cycle cost: \$1,742,889**

(existing system: \$2,070,197)*

*Includes Domestic Hot Water Energy Use



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- MECHANICAL DEPTH STUDIES
- STRUCTURAL BREADTH**
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	12K1	
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W18X40	12K1	W18X40
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1

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	CU (573) W10X12 CU (1146)	
	W10X12	
	W12X24	
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	W12X24	W12X24	W12X14

3



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Chilled Water System Not Recommended ✘

- Facility not large enough
- Energy requirement not high enough
- No life-cycle cost benefit

VRF System Recommended ✔

- Contingent on CFD analysis
- Humidity Control Necessary
- Dependent on owner's payback threshold

Solar Thermal System Recommended ✔

- Quick payback
- Great climatic conditions
- Free energy!



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Special Thanks:

- Ernest Health, Inc.
- **JBA Consulting Engineers**
Jason Witterman
Kris Kalkowski
Stephen Haines
- **Dekker/Perich/Sabatini Architects**
Bobby George
- **Faculty Advisor: Dr. William Bahnfleth**
- **Faculty Member: Dr. Stephen Treado**
- **Fellow AE Students**



QUESTIONS?